

Dear Counselor:

We are writing regarding _____.

As a family we used loving intervention to move our loved one into treatment. We are sending you copies of the letters we read during our intervention. We understand that you can use these letters as therapeutic tools.

We know that our loved one may experience anger and denial during the early days of treatment. We've been told that you may want our loved one to read these letters with you privately and then read a couple letters in group therapy, asking for peer feedback. In this way, we hope our words of love and the honest accounts of the addiction will help our loved one work through anger and denial.

We've also included bottom lines in a separate envelope. Our loved one has not seen the bottom lines. Please, share them only if our loved one decides to leave treatment early, against medical advice. Perhaps, hearing bottom lines will initiate a change of mind.

Sincerely,