

## Choosing Treatment Centers

In choosing a treatment center, it is advisable that you take the role of advocate for your addicted loved one. Before making a decision about treatment options, call several centers to determine which best fulfills your needs.

This list is not exhaustive. You may want to research treatment centers in your home area. Centers are listed in alphabetical order.

The following facilities incorporate the 12-steps of Alcoholics Anonymous into their programs. They also offer family programs. Prices are accurate as of November 2007.

**Betty Ford Center:** [bettyfordcenter.org](http://bettyfordcenter.org). Adult inpatient treatment program from 30-to-90-days. Special program for licensed professionals. Offers a 2-to-3-day outpatient evaluation with treatment recommendations. Family program provides a separate program for children of addicted parents. Cost for treatment starts in the range of \$23,000. Rancho Mirage, California. 800-434-7365.

**Brighton Hospital:** [brightonhospital.org](http://brightonhospital.org). One of the oldest chemical dependency treatment centers in the country. Adult inpatient and outpatient treatment. Adolescent outpatient treatment. Special track for physicians and clergy. Licensed for dual diagnosis. Quality medical services. Holistic healing program. Halfway houses for men and women. Moderately priced 30-day-program starts at \$15,000. Brighton, Michigan. 888-215-2700.

**The Canyon:** [caron.org](http://caron.org). Dual disorder treatment facility in a beautiful setting. Specializes in chemical dependency, trauma and PTSD. Offers equine therapy and adventure/ropes therapy. Nutrition program includes organic cuisine and personal food plans. Cost is about \$45,000 for 30-days. Malibu, California. 877-345-3299.

**Caron Foundation:** [caron.org](http://caron.org). Inpatient treatment programs for adults, young adult males and adolescents. Offers co-dependency workshop. Outpatient services available. Main campus in Wernersville, PA. Also, a variety of services are available in Florida, Bermuda and New York.

Cost ranges from \$25,000 to \$28,000 for 30 days. 800-678-2332.

**Cottonwood de Tucson:** Dual diagnosis program treating chemical dependency, gambling, depression, co-dependency, anxiety, PTSD, trauma, domestic violence, food issues, bipolar disorder, anger issues, grief and sexual issues. Programs for adults, young adults aged 18-to-23, and adolescent girls. Specialized program for legal professionals. Campus situated on 35 acres in the foothills of the Sonoran Desert. Tucson, Arizona. 800-877-4520.

**Crossroads Centre:** [crossroadsantigua.org](http://crossroadsantigua.org). Eric Clapton founded this alcohol and drug treatment center for adults. The program combines traditional and holistic approaches to treatment: massage, yoga, acupuncture and fitness programs. Cost: \$19,500. Scholarship program available. Antigua, West Indies. Passport required. 888-452-0091.

**Cumberland Heights:** [cumberlandheights.org](http://cumberlandheights.org). Programs for adults and adolescents: inpatient, outpatient and extended care. Offers a women's program and specialized track for professionals. A Relapse Prevention Program is available for patients with a previous history of relapse. Main campus is located in the rolling hills outside of Nashville, TN. 800-646-9998.

**Father Martin's Ashley:** Situated on 45 acres overlooking the Chesapeake Bay. Inpatient treatment for adults. Relapse prevention program available. Cost for 28-day treatment is approximately \$20,800. DWI program offered. Go to web site for virtual tour. Harve de Grace, Maryland (near Baltimore). 800-799-4673.

**Hanley Center:** [hanleycenter.org](http://hanleycenter.org). Inpatient services include a recovery center for women, a recovery center for men and a specialized program for adults aged fifty-five and older. A new resource center offers intensive outpatient treatment, executive and professional programs, couples therapy, anger management, family program, and an expansive recovery bookstore, lecture hall, and café. Exercise center and outdoor pool for recreation therapy. Length of stay is 4-to-6-weeks. Cost starts at \$24,000. Ask about creative funding. West Palm Beach, Florida. 866-4HANLEY.

**Hazelden Foundation:** [hazelden.org](http://hazelden.org). Pioneer of modern alcoholism and drug treatment, founded in 1949. Inpatient treatment programs

for adult men and women, and for youth between the ages of 14 and 25. Outpatient and day treatment are also available. Has a newly designed treatment facility for women, extended care facilities for adults and a renewal center. The main campus is situated lakeside in a rural setting outside of Minneapolis. Other locations include Chicago, New York and Newburg, OR. A special program for impaired physicians and other professionals is available at the Oregon facility. Hazelden is also known for book publishing. Maintains a database of professional interventionists. The 28-day program costs \$24,500. Center City, MN. 800-257-7810.

**Keystone:** kestonetreatment.com. Residential and outpatient alcohol, drug and gambling treatment facility for adults, young adults and adolescents. Offers both Christian and Native American tracks. Specialty programs for dual diagnosis, methamphetamine addiction, narcotic dependence and more. The 30-day program costs approximately \$17,000. Canton, South Dakota. 877.762.3740.

**La Hacienda:** lahacienda.com. An inpatient program in the Texas hill country offering both adult and collegiate programs. A relapse program is available. Features a 12-step foundation with an optional Christian focus. Clinical services include working with co-occurring disorders. Adult treatment is 32-to-60-days and starts at \$25,100. The collegiate program is 45-to-60-days and starts at \$33,225. Hunt Texas. 800-749-6160.

**Meadows:** Located in the Sonora Desert, treatment focus is on addiction, trauma, compulsive disorders, mood disorders, anxiety disorders, sexual addiction, and other co-occurring disorders. Special services include recreational and art therapy, spirituality counseling, cutting-edge workshops, nutritional consultation, yoga, tai chi and acupuncture. Program runs for 5 weeks and the cost is just over \$39,000. Wickenburg, Arizona. 800-632-3697.

**Menninger Clinic:** menningerclinic.com. Excellent psychiatric and chemical dependency services for adults, young adults and adolescents. Specialty programs include eating disorders, obsessive-compulsive disorders, inpatient evaluation programs, and professionals in crisis. See web site for program costs. Length of stay varies according to need. Houston, TX. 800-351-9058.

**Pine Grove:** pinegrovetreatment.com. Mississippi's largest treatment

facility for psychiatric and addictive diseases. Programs include psychiatric, adolescent, sexual compulsivity, relationship addiction, and eating disorders. Cost for men is \$21,900 for 90-days. Women's dual diagnosis program is \$32,000 for 90-days. If you do not have insurance coverage, you receive a 15 percent discount. Hattiesburg, MS. 888-574-4673.

**Pride Institute:** [pride-institute.com](http://pride-institute.com). Quality treatment for drug and alcohol addiction in the gay, lesbian, bisexual, and transgender community. Offers specialty treatment for sex addiction, anxiety disorders, HIV/AIDS related stress, and depression. A 30-day stay costs under \$18,000. Ask about financing and step down programs. Located in Minnesota, Texas and New Jersey. 800-54-PRIDE.

**Promis Recovery Centre (UK):** [promis.co.uk](http://promis.co.uk). Surrounded by rolling farmland, offers a complete continuum of care for chemical dependency treatment in North Downs of Kent, England. Halfway house available in London.

**Sierra Tucson:** [sierratucson.com](http://sierratucson.com). Provider of chemical dependency and dual diagnosis services, including trauma, eating disorders, mood disorders, anxiety, gambling and sex addiction. Pain Management Program uses holistic approach for those suffering from chronic pain. Offers extensive innovative therapies: adventure therapy, creative expression, equine-assisted therapy, climbing wall and challenge course. The 30-day program costs approximately \$45,000. Located at the foot of the Santa Catalina Mountains. Tucson, Arizona. 800-842-4487.

**Sober Living By The Sea:** [soberliving.com](http://soberliving.com). Non-institutional, home-like atmosphere, offering primary and extended treatment with many innovative programs, including a college-accredited program for continued education while in treatment. Geared towards young adults with an emphasis on community-based recovery. 30-days of residential treatment is \$20,000. Extended care is available. Situated close to the ocean. Newport Beach, CA. 866-323-5609.

**Talbott Recovery Campus:** [talbottcampus.com](http://talbottcampus.com). Offers a 60-day and a 90-day inpatient program for chemical dependency for adults and young adults, with a strong emphasis on dual diagnosis. Known for their innovative Professionals Program, originally developed for addicted physicians, and now open to all professionals. A 96-hour

assessment is available. Also offers intensive outpatient treatment. The 60-day program cost is \$28,000, and the 90-day program is \$35,000. Atlanta, Georgia. 800-445-4232.

**WeMAC:** A specialized model of treatment for the chemically dependent health professional and others in the helping professions. Length of stay is 3-to-4-months. Offers both a 3-day and a 2-week diagnostic assessment. Intensive outpatient treatment available. Call for program costs. Grand Rapids, Michigan. 616-365-8800.

**Wilderness Treatment Center:** wildernessaltschool.com. A 60-day program for young males. Includes a 16-to-21-day wilderness experience. Accepts males ages 14 to 24. Patient to counselor ratio is 5 to 1. Sample schedule is available on web site. The 2-month program costs \$19,200, plus a \$300 clothing allowance for the wilderness experience. Marion, Montana. 406-854-2832.

**Willingway Hospital:** willingway.com. Family run alcohol and drug treatment center founded by Dr. John Mooney and his wife, Dot, in the 1960s. Offers detox, inpatient and outpatient treatment. Built on over 30 years of experience. Length of stay is 4-to-6-weeks. Cost ranges from \$24,000 to \$28,000. Statesboro, GA. 800-242-9455.